



Special Edition...Special Edition...Special Edition... Gondwana Care Trust Newsletter – 02 July 2021

**“A future without vision looks like a long sinuous road...
A future without care and opportunities looks like an even longer
treacherous road...
Together the road can be smoother so let us have vision and care for one
another.”**



Dear friends, sponsors, partners, and colleagues

This is a Special edition to highlight some of the past week's events and give you some feedback on all your support, your trust towards our projects.

We say it often, but we cannot do it alone.

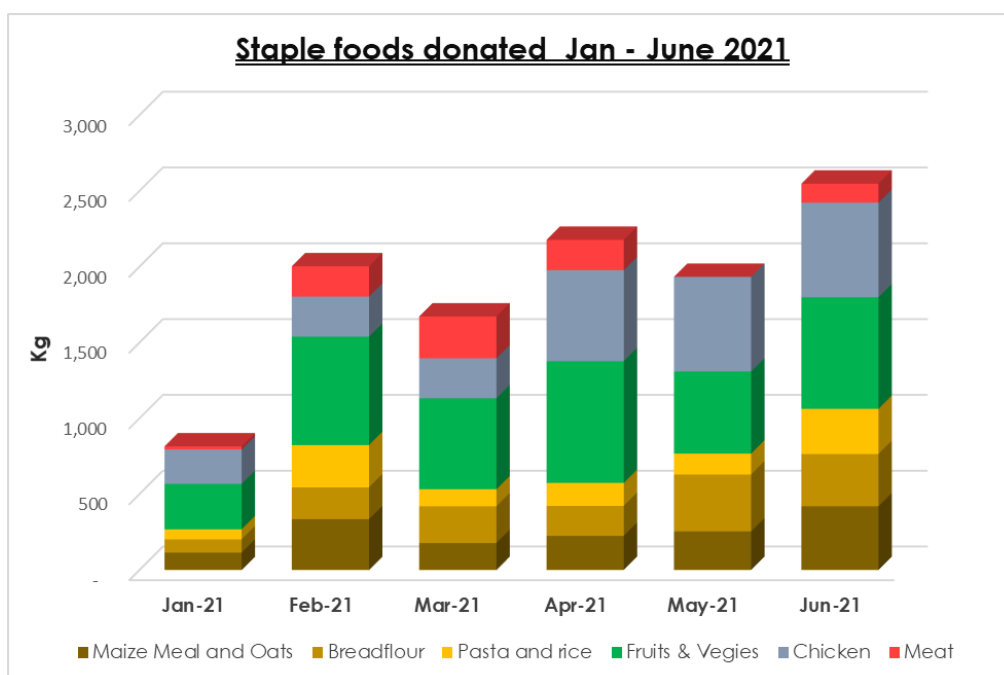
With the help of extraordinary beings, we are able to extend an helping hand to so many and we are so thankful for every little bit we receive through your donation.

Since the beginning of 2021, we have estimated about 117 000 meals were served from January till June 2021.

The meals donated in 2021 include the following staple food items:

- 1,50 tonne maize meal and oats
- 1,45 tonne bread flour
- 1,05 tonne pasta and rice
- 3,7 tonne fruits and veggies
- 3,6 tonne meat and chicken

We thank all our partners who continually trust and support our projects. Together we can make a small difference and a positive change in someone's life.



Would you want to partner in our projects and help us empower our communities, please contact us : caretrust@gcnam.com

Due to lack of funds this year, The Gondwana Care Trust has very limited resources and it is really challenging to add and support any new projects, besides adding beneficiaries to our MealForTwo program...



Any contribution makes a difference – you can donate through our bank account or contact us by email if you can contribute with food items to caretrust@gcnam.com Thank you

[Support the Gondwana Care Trust projects](#)



MEALSFORTWO



OKAHANDJA DISTRICT:

HEAL THE LAND – Pastor Willie Theron – annie.t@iway.na – 081 605 66 15

LIGHT OF HOPE – Coordinator Pastor Willie Theron

KHAIBASEN – Ms Paulina Kajandeka – 081 216 29 28

These three organizations are based in Okahandja, Khomas region. Together they have managed to look after a vast majority of the children living in vulnerable conditions, they have delivered food parcels to homeless families, elderlies in need and Covid patients as well as the medical staff who were unable to take time off for meals.

This is the dedication of many around Namibia who give out their time to care for others.

We thank you for your support so we can assist with food deliveries and other goods such as clothing, blankets, hygienic products when possible.

This newsletter is dedicated to all who take the time to care for their community, for those in needs and those who cannot help themselves.

We cannot thank you enough for your dedication, your care and THANK YOU



Food provided from January until mid July 2021 in the district of Okahandja alone:

From Heal the Land: 1 700 elderlies / 8 families (average 5 members) / 28 children and 70 medical staff (during the restrictions)

Light of Hope: on average a meal is given to 120 children living in the streets and around the Dumpsite, and food parcel is also distributed to 60 families

Khaibasen: 70 registered children at the kindergarten, 64 children from the dumpsite. On average Khaibasen fed 134 children since January as many children joined the queue twice a week.

The center is closed since June 25th but they carry on with food parcel to the most vulnerable families.

Most teams were affected with Covid-19 but they carry on with the program and push through.

Nau Aib Old age Home: 44 Residents



Light of Hope: 120 children living in the streets and around the Dumpsite, & 60 families



Heal the Land:



KHAIBASEN



Kitchen of Hope: Windhoek – Ms Natalia Almeida - infosavenamibia@gmail.com

More information on this project in the next newsletter





Khomasdal Homeless Shelter – Windhoek – Mr Charles Sawyers – 081 360 51 52

Not only KHS provides a warm plate of food, but individuals are able to receive counselling and assistance to better their quality of life.

Since January 2021, Khomasdal Homeless Shelter has provided 5 560 meals until end of June.



MONTH	M	F	T	TOTAL
January	246	495	147	1034
February	338	313	74	715
March	406	349	111	866
April	306	278	213	797
May	327	352	310	1000
June	257	433	20	1000
July				
August				
September				
October				
November				
December				



PAY Center – Katutura Windhoek – Ms Thubaelihle Sibanda | Programme Director

Staff - thuba@paynamibia.org - +264 817415658

Since February 2021, PAY provided up to 11 600 meals!!
During the restrictions, the PAY team has continued its effort in providing a sustainable meal to 102 families!



PAY feeding program provides 145 meals and sandwiches daily. In our pot of love, we serve warm, nourishing meals, that include starches, beef or chicken stew and vegetables. When the children leave they receive a sandwich and juice as well. We wouldn't be able to achieve this without the support of the Meals4Two program where we get all our dry goods, vegetables and chicken every month. Meals served since February 2021 to date **11600+.**



With schools closed due to COVID-19, PAY has continued reaching its beneficiaries through a food distribution program. We distribute **105 food packets** twice a month, and this benefits **102 families** who wouldn't be able to put a meal on the table without our support. In terms of numbers, average family size is 614 people and therefore the food is able to reach over **600 people**.
Number of food distributions in June and July: **2**.
Estimated reach: **102 families**.



DRIVE-THROUGH Vaccination

Location: Windhoek Showgrounds, Entry from Bell Street

From Tuesdays to Sundays – 10am to 18pm

This initiative is powered by Gondwana Collection Namibia, The Gondwana Care Trust, FNB Namibia, Vaccines for Hope, Ministry of Health and Social Services.

All health and Covid-19 protocols are implemented and managed by OSH-Med International and EMA Rescue Service is availing enrolled nurses.

Namibia Health Risk Solutions (NHRS) and Namibia Health Plan medical Aid fund enable logistics for the walk-in vaccination and nursing services.

Sponsors include: FNB Namibia, Ministry of Health and Social Services, the voluntary private sector coalition “Vaccines for Hope” (Comprising of Hollard, Ninety One, FirstRand, Liberty Life Namibia, Allan Gray, Stanlib and Old Mutual Namibia), OSH-Med International, EMA Rescue Service, Westcare Medical Center, Namibia Health Risk Solutions, Namibia Health Plan (NHP), Coca Cola Beverages Africa Group Namibia, My SPAR-Superspar Maerua, Baywash, Rent-A-Drum, Motor Media Namibia, Komnick & Franck cc, African Marketing (Pty) Ltd, Kercon Food Entreprises, Seapride Foods, Konica Minolta Namibia, The Windhoek Showgrounds

Contributors: Food Lover’s Market, Pupkewitz Group of Companies, AGRA (Agriculture Namibia) and CYMOT

THANK YOU to all the volunteers who made this initiative possible! Rolf Hansen and the CAN team, the Gondwana Collection team, all the pop up stands for coffee and food stalls!





This kind of initiative is made so more Namibians can get vaccinated and avoid long queues and hopefully we will be able to have similar sites all over the countries so we can beat the virus!



Thank you to the Honorable Minister of Health and Social Services, Dr Kalumbi Shangula for his visit.



Thank you for all the support.

Thank you to Ms Ginger Mauney for the donation of 5 000Nad to contribute towards the printing of 1 000 forms to help the individuals who are not able to print the form.

DONATE TO VACCINATION DRIVE-THROUGH



Thank you for your support!

THANK YOU FOR READING OUR NEWSLETTER AND PLEASE SHARE IF YOU CAN.



Please help us distribute as many bags as possible this year.

DONATE TO XMAS BAG

Thank you for your support!

THANK YOU FOR READING OUR NEWSLETTER AND PLEASE SHARE IF YOU CAN.

Please find below a list of our Community partners which receive assistance with the Meals for Two Program:

Heal the Land, Khaibasen, Light of Hope, Nau Aib Old Age Home: 160+ children, 44 Adults. These three organisations run in Okahandja is connected to a local church. They provide cooked meals to vulnerable and homeless kids in Okahandja. They are also affiliated with the Nau Aib Old Age Home in Okahandja and provide cooked meals to the elderly in the old age home.

Dagbreek Special School: 26 Children, 7 Adults. Operates in Windhoek provide education, food and shelter to kids with disabilities.

Mammadu Trust: 60 Children. Operates in Otjomuise, Windhoek and provides food and education to orphaned and vulnerable children in the community.

Bridge of Hope: 140 Children. Operates in Katutura, Windhoek providing food parcels and cooked meals to vulnerable children people in those communities.

Khomas Homeless Development Trust: +-80 Adults and 20 Kids. Operates in Khomasdal and Katutura, Windhoek providing cooked meals to homeless people in those communities.

Senior Park: 160 residents. Old Age home in Pioneerspark, Windhoek. Meal For Two donations go to the elderly that needs food assistance and for the old age home kitchen.

Lidar Foundation: 250 Children and 100 Adults. Provides food and youth empowerment and educational activities for orphaned and vulnerable girls in Katutura- Central.

Hope Village: 88 Children. Provides a loving home and food to orphans and abandoned children living with HIV and other debilitating illnesses. Operate in Katutura, Windhoek

PAY Center: 120 Children. Operates in Katutura, Windhoek. Provides nutrient meals and education and physical activity programmes daily to kids coming from disadvantaged backgrounds.

Huis Maerua: 24 Children. Operates in Windhoek. Houses and feeds children with social welfare troubled backgrounds.

Elshaddai Caring and Feeding: 120 Children and 30 Adults. Operates in Keetmanshoop. Provides nutritious meals daily to kids and adults coming from disadvantaged backgrounds.

Dorcas Soup Kitchen: 100 children and 20 adults. Operates in Keetmanshoop. Provides nutritious meals daily to kids coming from disadvantaged backgrounds.

Geduld Primary School and Immanuel Hostel: 200 children. Operates in Grunau. Provides education, shelter and food to kids from the Grunau and surrounding area.

Witkrans Primary School: 162 children and 8 adults. Provide nutrient meals for underprivileged children from the Witkrans area.

Natascha Pre-Primary School & Day Care: 46 children. Operates in Okuryangava, Windhoek, provide food and care to vulnerable children from the community.

Grace Project: 180 families. Operates in Khomasdal, Windhoek. Distributes food parcels to vulnerable families, especially pensioners.

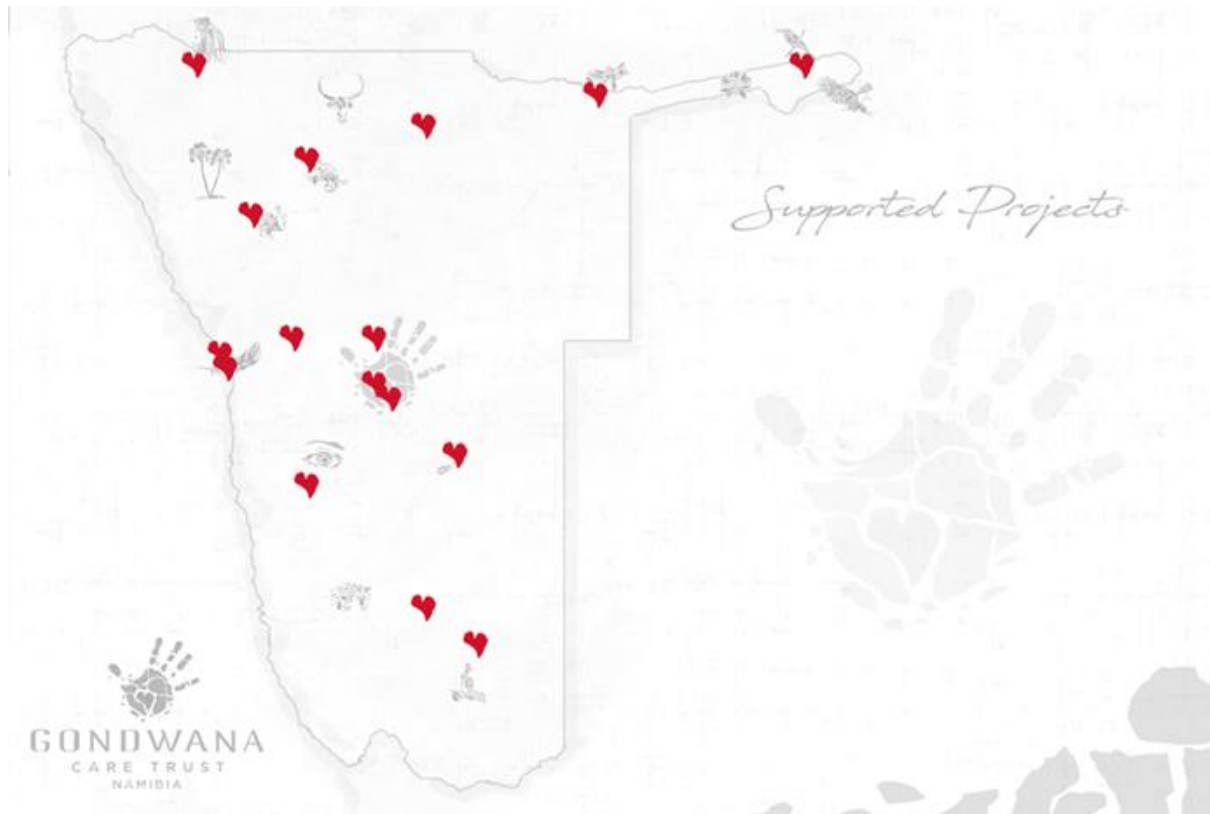
Proud Himba. Based in Epupa, the project was founded in 2007 to extend help to the school children of the area. It not only looks after 30 children on a regular basis but also assists schools and the orphan feeding program

MAD (Make a Difference Charity): 28 families. Based in Tsumeb, they look after 28 families on a regular basis, which mostly consist of disabled youth and elderly, visually impaired or sickly elderly from the Kuvukiland settlement.

Men on the Side of the Road. Operates in Windhoek and Swakopmund. MSR assists job seekers in acquiring skills to assist them in finding employment. The GCT assist MSR to provide food parcels to active members of the organization who attend regularly (monthly) held community meetings geared towards sharing information on possible jobs or training and any other information that they need to have.

Spitzkoppe community. The indigenous communities of the Spitzkoppe area are largely reliant on Tourism in the Spitzkoppe area for income. Since the pandemic, these communities had no income and means for sustenance. The GCT assists 56 families with food parcels.

Twaloloka community. Since the communities of Twaloloka lost their homes to the fires in the community, the Gondwana Care Trust together with other likeminded organisations and soup kitchens has assisted the devastated communities with food.



Please contact Dgini for further information on how to donate – caretrust@gcnam.com

Thank you to all the wonderful individuals for their contributions. Thank you! Should you still want to contribute with a cash donation, please find our bank details below.

Please add your name/Food relief/ Drive-Through/Xmas Bag as a reference for your contribution

**Bank Windhoek Limited
Gondwana Care Trust
Maerua Mall Branch / 483 872
Chk – 800 818 44 91**

We have a few more projects lined up, please contact the Trust if you would like more information.

We cannot thank you enough for your support!

**Gondwana Care Trust
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+264 81 242 59 00**