



## **Gondwana Care Trust Newsletter**

"Nothing is certain; nothing is a given

but it is certainly a given that

nothing is achieved without trying.

Try, give and try again if it doesn't work at first

don't stop trying, don't stop giving,

Life is even more beautiful when we share and give."

**September - November 2021**



## **Dear friends, sponsors, partners, and colleagues**

Following a system error, we are sending out the Newsletter again. We apologize for any inconveniences.

We thank all our partners who continually trust and support our projects. We cannot do it alone and together we can make a small difference and a positive change in someone's life.

**Would you want to partner in our projects and help us empower our communities, please contact us: [caretrust@gcnam.com](mailto:caretrust@gcnam.com)**

Covid-19 regulations still greatly limit all opportunities.

We received multiple requests from so many young graduates looking for financial support so they can finish their university year. So many children cannot return to school due to lack of funds. The Gondwana Care Trust had very limited resources this year and it was really challenging to add and support any new projects, besides adding beneficiaries to our MealForTwo program.

This is our last newsletter for 2021 and we will be back with feedback on the Back to School Christmas Bag Project in January 2022 and the rest of the 2021 activities.

**The MealForTwo Project is a lifesaving project for many individuals and children living in food-insecure households.**

**Donate A MealForTwo**

Any contribution makes a difference – you can donate through our bank account or [contact us by email](#) if you can contribute with food items. Thank you!



Support the Gondwana Care Trust projects:

**Bank Windhoek Limited**

**Gondwana Care Trust**

**Maerua Mall Branch / 483 872**

**Chk – 800 818 44 91**



These are difficult times for all businesses and we are so grateful to our sponsors,

who still contribute and assist us in this life saving program! Any other sponsors willing to assist us with goods, food items or hygienic goods, please do not hesitate to [contact us](#).

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## MealForTwo Feedback



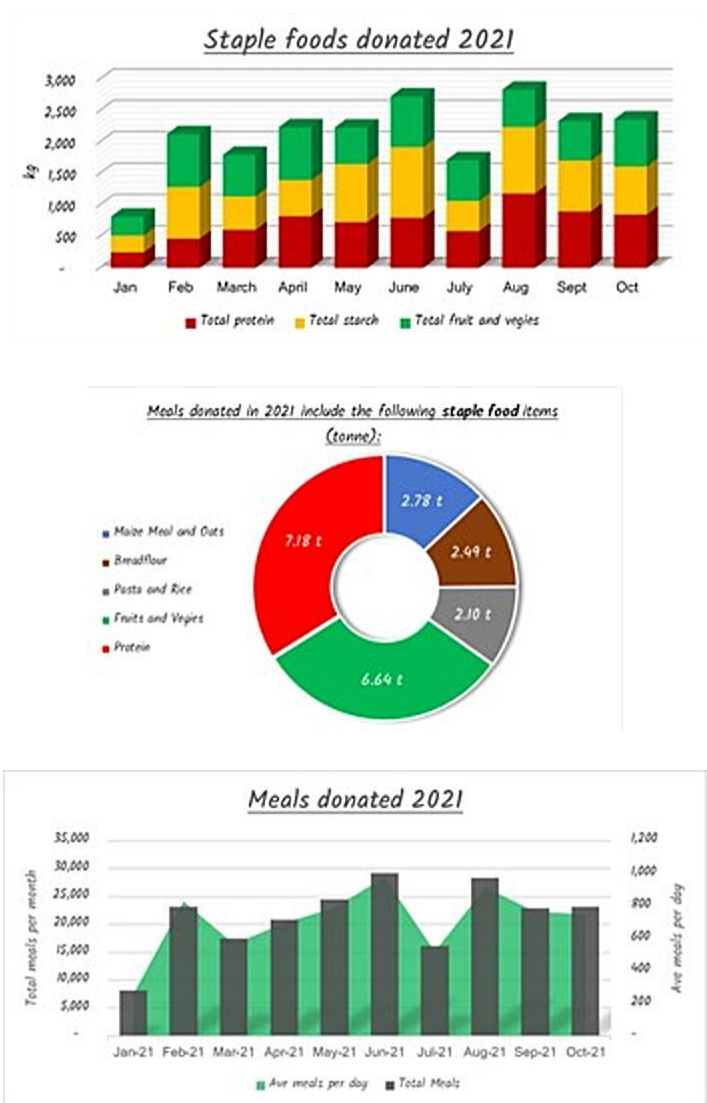
In 2021, like-minded organisations, such as Bank Windhoek (Capricorn Foundation), Global United, Capricorn Asset Management, Kercon, Namibmills, Seapride and The Wecke and Voigts Group partnered with the Gondwana Care Trust to assist in providing a balanced meal to our community partners. These organisations have ensured that the MealForTwo project continues to impact the lives of its beneficiaries in 2021.

### Our Impact (January-October 2021):

Despite the economic woes that the tourism industry and the country are experiencing, the Gondwana Care Trust persisted in 2021 to provide much needed food aid to vulnerable communities. With the help of our partners, the Gondwana Care Trust has provided a calculated total of **214,000 meals** to its approximately **3,500 individual beneficiaries** from January 2021 to October 2021.

Since October 2019, when the project was formally started in partnership with Bank Windhoek, we have donated **414,000 meals (~13,000 meals per day)**.

The graphs below show meals and staple foods donated between January 2021 and October 2021:



## Lidar Foundation

Katutura, Windhoek  
Project Coordinator: Ms Serley Khaxas  
[lidarfoundation@gmail.com](mailto:lidarfoundation@gmail.com)

Lidar Foundation is a center at the heart of Katutura where many children find themselves living in the streets and without a responsible adult's guidance and protection. Serley opened the center to welcome children and teenagers, who find themselves in difficult situations, which include early pregnancy, abuse or abandonment. The center helps the children with a meal during the day, being breakfast, before they start school, lunch and an early dinner.

LIDAR continued to deliver meals for the most vulnerable during these very challenging times and without their effort and care, too many would go hungry for several days.





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## Khomas Homeless Shelter

Windhoek

Project coordinator: Mr Charles Sawyers

Based in the Khomasdal Community Hall, the shelter provides a daily meal to homeless and vulnerable individuals. The Shelter provides skills and HIV training in co-operation with the Men on the Street Foundation and Women at Work Center.

The visitors also get assistance in ending substance abuse and receive skills on how to manage their addiction. The Shelter provides a meal for about 70 to 80 people per day, three times a week. People can also bring a container to take food home.

Thank you to all the sponsors for your generous assistance towards the MealForTwo food relief.





The Gondwana Care Trust was also able to donate clothing and other items that have been carefully collected over the past month. Khomas Homeless Shelter was one of the beneficiaries of the donation. THANK YOU to everyone who has donated to the Gondwana Warehouse Team over the past months.



In this difficult time, it is a blessing to receive a clean shirt to start the day and a warm jumper for the night. The simple donation of clothing may change the life of an individual, and might enhance the ability to get a job with a clean outfit.





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## TASK

Project coordinator: Ms Victoria Louw

[twaloloka.task2020@gmail.com](mailto:twaloloka.task2020@gmail.com)

The Twaloloka and Narraville community still receive assistance with meals from TASK. The Gondwana Care Trust has been sponsoring bread towards TASK soup kitchen and will continue as long as the budget allows it. Thanks to the wonderful energy and care from the TASK Team, meals are served 2 to 3 times weekly. Two more ESB Stoves were provided to some of the members of the community. TASK selected these members of the community according to their dedication in helping others and serving soup to those in need, whenever possible.



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## Youth – Children Camp Namibia

Berchtold Software Development & Training, Namibia

E-mail: [susanne@bsdai.com](mailto:susanne@bsdai.com)

The Children's Camp Namibia 2021 is an initiative from Berchtold Software Development & Training. These type of camps have been organized since 2009. In early 2019, we were contacted by Susanne to assist, and the Gondwana Care Trust immediately considered preparing special bags filled with goods for the sixteen (16) girls, who had been selected to join the camp.

The girls take part in activities and together with the team, they focus on training, work, and social life.

Due to the Covid-19 pandemic, the camp was cancelled numerous time but since June 2021, the dates were set and the girls were on their way again!



Their bags were packed and sent off, so that the girls could enjoy their stay with surprises, a cap, a towel, and lots of other goods such a body cream, soap, sweets, and more.

Susanne will be looking into organizing the next camp as early as June 2022.





Please contact Susanne if you want to assist in this wonderful initiative to enable young girls to take part and have an unforgettable time.

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## Nau Aib Old Age Home

Okahandja – Pastor Willie Theron

Thank you to everyone, who has donated clothing. The Gondwana Care Trust was able to hand out clothing, food parcels, and other goods to a few organizations, including the Okahandja District.






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## Seniorpark - Pionnerspark, Windhoek




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## Khaibasen Kindergarten

Tyres were donated to the playground by Namibia2Go. Thank you!

The tires were well received, and the children are enjoying playing on them.









Thank you for enabling us to fill a plate of food and share a smile!

MealForTwo enabled so many organizations to provide a meal to a child, an adult, or a family in need. We are looking for funds to end the year by providing as many people as possible with a food parcel for the festive season.



Following the Coastal Vaccination Drive, all blankets bought were donated to the Township Doghouse Project, together with a 25 kilogram bag of dog food.



Thank you to Neo Paints for the donation of a 20 Liter container of hand sanitizer – The Gondwana Care Trust shared the sanitizer with the regular beneficiaries of the MealForTwo, so that they can refill their bottles.



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## Back-to-School Christmas Project 2021

Schools, hostels, orphanages and OVC Centres have sent us their lists by September/October this year.

The list included:

Name of the child, gender, age, grade/year and if any special needs, so that we can pack and personalize the bag. We have a few schools for children with special needs and it is important to be aware of these so we can pack the right toy and stationery kit for the child.

For more information on the “**Back-to-School Christmas Bag**”, please read our [May Newsletter](#).

The Gondwana Care Trust has limited funds and the Back-to-School Project has suffered greatly from the lack of tourism, due to the pandemic. The “Christmas bags” are sold in all the Gondwana lodges’ curio shops to raise funds towards the project.

Many learners have not returned to school due to the lack of funds in 2021, so now more than ever, in order to encourage children to go to school and pursue their education, we would like to distribute as many bags as we can at the end of this year. You can still contribute and donate towards the project. We will continue packing bags for as long as we can!

## **Gift a School Bag this Christmas**

The packing of the Back-to-School Christmas Bag started on the 18th October. By Friday, the 22nd October, we packed close to 2 000 bags!



Thank you to all the colleagues who took part in the fun of packing bags, and thank you to the mini power team who packed and wrote lovely messages on all the books and coloring books.





We also received visits from some of our sponsors and they were hard at work, packing bags for the children! The PSG Team was one of them and they prepared short messages to include in the bags!



We also had a few celebrities.

Thank you to Skrypt (right) and Luis Munana (left), who immediately contributed a

generous donation of stationery kits towards the Bags!



The image below shows Mr Anthony Ngabwe interviewing Felix (left) and Lioness at work (right).



Boxes are being dispatched using every possible transport available! Thank you to the Warehouse Team for using every opportunity to send out the boxes!

THANK YOU to African Marketing and Coastal Couriers for assisting the Gondwana Care Trust and delivering the bags to far away places in Namibia for free!



There are still a few bags that need to be packed and boxes to be sent out.

### **Donate a School Bag this Christmas**

Please [click here](#) to look at the Back-to-School Christmas Bags supporters, and to see the list for our wonderful sponsors. THANK YOU to all the guests that have purchased a bag at one of the Gondwana Collection lodges. We thank you from the bottom of our heart.

THANK YOU to all our partners who have contributed in one way or another to make the Back-To-School Christmas Bag a success! We cannot do it alone!







Thank you also to Le Riche Wholesalers cc for your support.

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THANK YOU FOR READING OUR NEWSLETTER, PLEASE SHARE IF YOU CAN.

Please find a list of our community partners below, who receive assistance through the MealForTwo Program:

### **Heal the Land, Khaibasen, Light of Hope, Nau Aib Old Age Home:**

***160+ children, 44 Adults.***

These three organisations run in Okahandja, are connected to a local church. They provide cooked meals to vulnerable and homeless children in Okahandja. They are also affiliated with the Nau Aib Old Age Home in Okahandja and provide cooked meals to the elderly in the old age home.

### **Dagbreek Special School:**

***26 Children, 7 Adults.***

Operates in Windhoek to provide education, food and shelter to children with disabilities.

### **Mammadu Trust:**

***60 Children.***

Operates in Otjomuise, Windhoek and provides food and education to orphaned and vulnerable children in the community.

### **Bridge of Hope:**

***140 Children.***

Operates in Katutura, Windhoek, providing food parcels and cooked meals to vulnerable children and people in those communities.

**Khomas Homeless Development Trust:**

***+80 Adults and 20 Children.***

Operates in Khomasdal and Katutura, Windhoek, providing cooked meals to homeless people in those communities.

**Senior Park:**

***160 residents.***

Old Age home in Pioneerspark, Windhoek.

MealForTwo donations go to the elderly who need food assistance and to the old age home kitchen.

**Lidar Foundation:**

***250 Children and 100 Adults.***

Provides food and youth empowerment and educational activities for orphaned and vulnerable girls in Katutura-Central.

**Hope Village:**

***88 Children.***

Provides a loving home and food to orphans and abandoned children living with HIV and other debilitating illnesses. Operates in Katutura, Windhoek.

**PAY Center:**

***120 Children.***

Operates in Katutura, Windhoek. Provides nutrient meals, education and physical activity programmes to children from disadvantaged backgrounds.

**Huis Maerua:**

***24 Children.***

Operates in Windhoek. Houses and feeds children with social welfare troubled backgrounds.

**Elshaddai Caring and Feeding:**

***120 Children and 30 Adults.***

Operates in Keetmanshoop. Provides nutritious meals to children and adults coming from disadvantaged backgrounds, on a daily basis.

**Dorcas Soup Kitchen:**

***100 children and 20 adults.***

Operates in Keetmanshoop. Provides nutritious meals daily to children coming from disadvantaged backgrounds.

**Geduld Primary School and Immanuel Hostel:**

***200 children.***

Operates in Grunau. Provides education, shelter and food to children from the Grunau and surrounding area.

**Witkrans Primary School:**

***162 children and 8 adults.***

Provides nutrient meals for underprivileged children from the Witkrans area.

**Natascha Pre-Primary School & Day Care:**

***46 children.***

Operates in Okuryangava, Windhoek, provide food and care to vulnerable children from the community.

**Grace Project:**

***180 families.***

Operates in Khomasdal, Windhoek. Distributes food parcels to vulnerable families, especially pensioners.

**Proud Himba.**

Based in Epupa, the project was founded in 2007 to extend help to the school children of the area. It not only looks after 30 children on a regular basis but also assists schools and the orphan feeding program.

### **MAD (Make a Difference Charity):**

#### ***28 families.***

Based in Tsumeb, they look after 28 families on a regular basis, which mostly consist of disabled youth and elderly, visually impaired or sickly elderly from the Kuvukiland settlement.

### **Men on the Side of the Road.**

Operates in Windhoek and Swakopmund. MSR assists job seekers in acquiring skills to assist them in finding employment. The GCT assist MSR to provide food parcels to active members of the organization who attend regularly (monthly) held community meetings geared towards sharing information on possible jobs or training and any other information that they need to have.

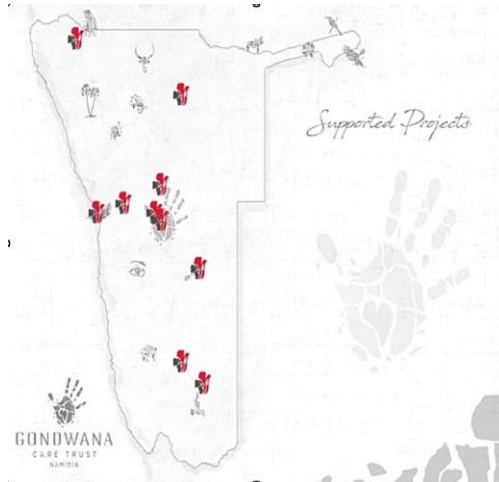
### **Spitzkoppe community.**

The indigenous communities of the Spitzkoppe area are largely reliant on Tourism in the Spitzkoppe area for income. Since the pandemic, these communities had no income and means for sustenance. The Gondwana Care Trust assists 56 families with food parcels.

### **Twaloloka community.**

Since the communities of Twaloloka lost their homes to the fires in the community, the Gondwana Care Trust together with other like-minded organizations and soup kitchens has assisted the devastated communities with food.





Please contact Dgini for further information on how to donate

[caretrust@gcnam.com](mailto:caretrust@gcnam.com)

Thank you to all you wonderful individuals for your contributions. If you would like to contribute with a cash donation, please find our banking details below. Please add your Name / Food relief / School Bag as a reference for your contribution.

**Bank Windhoek Limited**  
**Gondwana Care Trust**  
**Maerua Mall Branch / 483 872**  
**Chk – 800 818 44 91**

We have a few more projects lined up. Please contact the Care Trust if you would like to have more information.

We cannot thank you enough for your support!

**Gondwana Care Trust**

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**+264 81 242 59 00**



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