



Gondwana Care Trust Newsletter

“Gratitude – the quality of being thankful; readiness to show appreciation for and to return kindness.”

December 2021



Dear Friends, Sponsors, Partners, and Colleagues

We thank all our partners who continuously trust and support our projects. We cannot do it alone and together we can make a small difference and a positive change in someone's life.

Would you want to partner in our projects and help us empower our communities? Please contact us: caretrust@gcnam.com

This is a short message to say THANK YOU!

2021 would not have been the same without each individual and business partner's support!

This year brought tears and a lot of ups and downs, but The Gondwana Care Trust survived thanks to all your support. How can we ever thank you all enough?

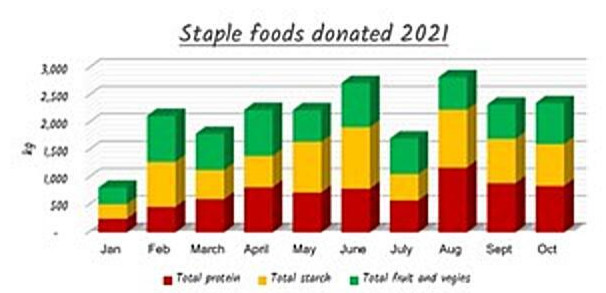
The MealForTwo Project is a lifesaving project for many individuals and children living in food-insecure households.

Donate A MealForTwo

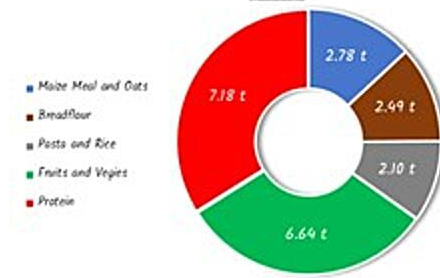
Despite the economic woes the tourism industry and the country have been experiencing, the Gondwana Care Trust persisted in 2021 to provide much needed food aid to vulnerable communities. With the help of our partners, the Gondwana Care Trust has provided a calculated total of **214,000 meals** to its approximately 3,500 individual beneficiaries from January 2021 to October 2021.

Since October 2019 when the project was formally started in partnership with Bank Windhoek, we have donated **414,000 meals (~13,000 meals per day)**.

The graphs below show meals and staple foods donated from January 2021 to October 2021:



Meals donated in 2021 include the following staple food items
(tonne):



Meals donated 2021



MEAL FOR TWO
BY GONDWANA CARE TRUST

These are difficult times for all businesses, and we are so grateful to our sponsors who still contribute and assist us in this life saving program!





Donate A MealForTwo

Any contribution makes a difference!

You can donate through our bank account or contact us [via email](#) if you can contribute with food items. Thank you in advance.

Bank Windhoek Limited
Gondwana Care Trust
Maerua Mall Branch / 483 872
Chk – 800 818 44 91



Back-to-School Christmas Project 2021

We donated 2479 Bags! This is such an incredible achievement.

We started 2021 with the hope of handing out 1 000 bags, but thanks to everyone involved, 2021 ends with a record of 2 479 children receiving a Back-to-School Christmas Bag filled with not only a stationery kit but a special Christmas gift and some other goodies! Words are not enough to express our gratitude and deepest thanks to you.



School Name	Location	no of Bags
Soetdoringlaagte	Stampriet	54
VV ECD Centre / Khaibasen	Bethanie	46
Vrolike Voetjies ECD Centre	Bethanie	36
Paukeni Pre-school	Rundu	25
Kalundu	Mubala	31
Penehupifo Kindergarten	Okaukuejo	37
Khabaisan Center	Okahandja	100
Hope Village	Windhoek	59
Rose Pre-primary	Windhoek	32
Bridge of Hope	Katutura	132
P.A.Y Center	Katutura	120
The Lighthouse Community Hope	Katutura	36
Dagbreek Special School	Windhoek	30
Natasha Pre Primary	Katutura	30
Little Bugs	Sossusvlei	34
Grow Together kindergarten	DRC/ SWp Anja Rowher	30
Khomxadare Community ECD Center	Karibib / Erongo	87
Tangeni Shilongo DRC School	DRC/ SWp	91
Konkenda Kindergarten	Rundu	20
Kanono Combined School	Katima	110
Kanono Combined School	Katima	10
Ngoma Combined School	Chobe	55

Namushasha Pre-Preliminary	Namushasha	21
Sachona Kindergarten	Namushasha	23
Mammadu	Katutura	16
Light of Hope	Okahandja	101
Epupa Kindergarten	Epupa	18
Epupa Pre-Primary School	Epupa	44
Epupa Primary School	Epupa	130
Ohajuura Jnr primary & Snr P School	Epupa	125
Welwitschia Primary School	Khorixas	80
Witrans Primary School	Stampriet	144
Geduld Primary	Grunau / Canyon Lodge	149
Dorcas soup kitchen	Keetmanshoop	102
Elshaddai	KMP/ Canyon Lodge	79
Dinosaurs Kindergarten and after-school care	Wdh / Natalia	70
Heal the Land	Okahandja	61
Loners Foundation&Miss Glitz Invest	Wdh / Lynn	17
CAN / 8 West wing	Wdh	28
Green Leaves	Wdh	66
		2479





THANK YOU to all the guests who have purchased the bag at one of the Gondwana lodges. We thank you from the bottom of our heart.

THANK YOU to all our partners who have contributed one way or another to make the Back-To-School Christmas Bag a success! We cannot do it alone!



FRANS INDONGO GROUP

Shape Today. Own Tomorrow.



PSG



Seapride Foods

Your Foodservice Distributor



POTENTIA



Waltons





Thank you also to Le Riche Wholesalers cc and Luis Munana for your support and donations.

We cannot thank you enough! Each bag makes a difference in a child's life!

Thank you for your support!

Make a Life Changing Donation

Golf Day in Aid of the Gondwana Care Trust:

We concluded a highly successful year with our first ever Christmas Golf Cup in aid of Gondwana Care Trust! More to follow in our next newsletter but hereby we extend our gratitude to the following kind sponsors:

Main Sponsors:

Shivute & Associates - King Price - MTC Spectra

Hole Sponsorships:

Nictus - Multichoice DSTV - Edelstahlbau

Goodie Bag, Auction & Prizes Sponsorships:

Groote Post - Hound's Tonic – Stillhouse – NBL - Coca Cola - DZ Golf – Xterra - The Wine Shop (Bonnievale & De Grendel) - House of Wines – Edelstahlbau - African Packaging – Robiati – Hartlief - Gerbie van Wyk - Gondwana Collection Namibia

make the connection





THANK YOU FOR READING OUR NEWSLETTER, PLEASE SHARE IF YOU CAN.

***WE WISH YOU A MERRY CHRISTMAS AND A BLESSED FESTIVE SEASON.
MAY ALL OF YOUR DREAMS COME TRUE AND MAY 2022 BRING US ALL
HEALTH AND SUCCESS.***

Please find a list of our community partners below, who receive assistance through the MealForTwo Program:

Heal the Land, Khaibasen, Light of Hope, Nau Aib Old Age Home:

160+ children, 44 Adults.

These three organisations run in Okahandja, are connected to a local church. They provide cooked meals to vulnerable and homeless children in Okahandja. They are also affiliated with the Nau Aib Old Age Home in Okahandja and provide cooked meals to the elderly in the old age home.

Dagbreek Special School:

26 Children, 7 Adults.

Operates in Windhoek to provide education, food and shelter to children with disabilities.

Mammadu Trust:

60 Children.

Operates in Otjomuise, Windhoek and provides food and education to orphaned and vulnerable children in the community.

Bridge of Hope:

140 Children.

Operates in Katutura, Windhoek, providing food parcels and cooked meals to vulnerable children and people in those communities.

Khomas Homeless Development Trust:

+80 Adults and 20 Children.

Operates in Khomasdal and Katutura, Windhoek, providing cooked meals to

homeless people in those communities.

Senior Park:

160 residents.

Old Age home in Pioneerspark, Windhoek.

MealForTwo donations go to the elderly who need food assistance and to the old age home kitchen.

Lidar Foundation:

250 Children and 100 Adults.

Provides food and youth empowerment and educational activities for orphaned and vulnerable girls in Katutura-Central.

Hope Village:

88 Children.

Provides a loving home and food to orphans and abandoned children living with HIV and other debilitating illnesses. Operates in Katutura, Windhoek.

PAY Center:

120 Children.

Operates in Katutura, Windhoek. Provides nutrient meals, education and physical activity programmes to children from disadvantaged backgrounds.

Huis Maerua:

24 Children.

Operates in Windhoek. Houses and feeds children with social welfare troubled backgrounds.

Elshaddai Caring and Feeding:

120 Children and 30 Adults.

Operates in Keetmanshoop. Provides nutritious meals to children and adults coming from disadvantaged backgrounds, on a daily basis.

Dorcas Soup Kitchen:

100 children and 20 adults.

Operates in Keetmanshoop. Provides nutritious meals daily to children coming from disadvantaged backgrounds.

Geduld Primary School and Immanuel Hostel:

200 children.

Operates in Grunau. Provides education, shelter and food to children from the Grunau and surrounding area.

Witkrans Primary School:

162 children and 8 adults.

Provides nutrient meals for underprivileged children from the Witkrans area.

Natascha Pre-Primary School & Day Care:

46 children.

Operates in Okuryangava, Windhoek, provide food and care to vulnerable children from the community.

Grace Project:

180 families.

Operates in Khomasdal, Windhoek. Distributes food parcels to vulnerable families, especially pensioners.

Proud Himba.

Based in Epupa, the project was founded in 2007 to extend help to the school children of the area. It not only looks after 30 children on a regular basis but also assists schools and the orphan feeding program.

MAD (Make a Difference Charity):

28 families.

Based in Tsumeb, they look after 28 families on a regular basis, which mostly consist of disabled youth and elderly, visually impaired or sickly elderly from the Kuvukiland settlement.

Men on the Side of the Road.

Operates in Windhoek and Swakopmund. MSR assists job seekers in acquiring skills to assist them in finding employment. The GCT assist MSR to provide food parcels to active members of the organization who attend regularly (monthly) held community meetings geared towards sharing information on possible jobs or training and any other information that they need to have.

Spitzkoppe community.

The indigenous communities of the Spitzkoppe area are largely reliant on Tourism in the Spitzkoppe area for income. Since the pandemic, these communities had no income and means for sustenance. The Gondwana Care Trust assists 56 families with food parcels.

Twaloloka community.

Since the communities of Twaloloka lost their homes to the fires in the community, the Gondwana Care Trust together with other like-minded organizations and soup kitchens has assisted the devastated communities with food.



Please contact Dgini for further information on how to donate

caretrust@gcnam.com

Thank you to all you wonderful individuals for your contributions. If you would like to contribute with a cash donation, please find our banking details below. Please add your Name / Food relief / School Bag as a reference for your contribution.

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We have a few more projects lined up. Please contact the Care Trust if you would like to have more information.

We cannot thank you enough for your support!

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